



24th January 2025

Dear Parents,

We were all very sad to hear the news that former teacher Mrs Dunk died last week. She had started teaching here in 1986 and retired in 2014. She is very fondly remembered by many of the current staff. Those of you with older children may remember her. May she rest in peace.

In happier news, the choir had a wonderfully uplifting day on Monday when they went to the O2 to perform with over 8,000 other children from London! We enjoyed watching MCGrammar perform again and it's safe to say that Mr Charles-Nelson enjoyed it the most as he also was reunited with some old musical friends! I think the families of those who attended also had a great time!

Every twenty five years in the Catholic Church, there is a Jubilee Year declared by the serving Pope. Today was the launch of the Jubilee Year of Hope, decreed by Pope Francis. This morning, along with all other Catholics around the world Mrs Tottle-Nugent launched the Jubilee Year, which calls for us to be pilgrims of hope. Pope Francis has asked us to celebrate this Jubilee Year with deep faith, lively hope and active charity.

Seeking a qualified accountant – The Friends are seeking a qualified accountant who can sign off their accounts. The paperwork is all prepped and ready to go and will take roughly a few hours to check everything. If you have this qualification or can recommend someone, please can you email thefriendsofstmonicas@gmail.com
Thank you!

Successful Co-Parenting – If you are separated from your child's parent and co-parenting, there is advice and information available to make this as smooth a process for your child as possible. See the leaflet attached and click the link there too.

Request for unwanted infant girls school tights – Romona is asking, if you have any unwanted green school tights (infant size) in good quality, please would you send them into the medical room so that we can have some spares?
Many thanks

Assemblies this week – On Monday, Mrs Tottle-Nugent spoke to the children about decisions that they make on a daily basis. She spoke about how sometimes the decisions we make aren't the right ones and how this impacts on the people around us. In the Gospel story where Jesus cured the lepers, only one made the decision to come back and say thank you. We need to think carefully about the decisions we make and the impact it has on others.

On Tuesday Mrs Duffy read the story 'Duffy's Lucky Escape', highlighting to the children about the relationship between humans and wildlife and the dangers animals face in their own habitats.

Parenting help – We have received information from the local authority providing advice for parents. Parents aren't just mum and dad, you are also a nurse, doctor, cook, teacher, coach, therapist, driver and cleaner – with no time off and no instruction manual! See the link [here](#) for more information.

Health for Kids

Health for Kids is aimed at primary school children, aged 4 to 11 years old and their grown-ups. The kids' section (www.healthforkids.co.uk) contains four exciting worlds of fun and games to help kids learn about their health. For grown-ups (www.healthforkids.co.uk/enfield), it covers important features of a child's health and development, including healthy minds, healthy bodies, health issues and where to get professional help and support.

For those of you with older children there is...

Health for Teenagers -

www.healthforteens.co.uk/enfield is aimed at 11 to 19-year-olds. It features bite-sized information on a comprehensive range of physical and emotional health topics for teenagers, including healthy eating, body image, managing stress, advice on relationships, puberty, sexuality and much more.

Children's Mental Health Week starts on Monday 3rd February. The theme this year is 'Know yourself, grow yourself' and is based on the movie Inside Out 2 which explores a whole range of emotions. To mark the occasion, we will be taking part in short activities throughout the week that allow the children to think about their mental health and wellbeing. Miss Bowling will be delivering a whole school assembly on how the children will become mental health champions in the way that they support one another throughout the school day, and beyond. We will finish the week with a 'Dress to Express' day on Friday 7th February, where children are invited to express themselves through their clothing and accessories. There is no expectation, children may decide to come dressed as funky as they can, or they may opt for a calm and comfortable outfit - whatever they feel their best in! Please feel free to explore <https://www.childrensmentalhealthweek.org.uk/> for more information.

Diary Dates

Tuesday 28th January – Animal workshop in Year 6!

Thursday 30th January – A Star is Born dress rehearsal for Reception-Year 3 at 9.15am. Please come to school dressed to perform, but bring school uniform to change into. The evening performance starts at 7pm – ticket holders only

Thursday 30th January – Gymnastics Festival – those involved have received a separate letter

Friday 31st January 9am – Happy Bag Collection – Please send in unwanted clothes/shoes/bags etc

Friday 31st January – A Star is Born dress rehearsal for Years 4-6. Again please come dressed to perform, but with school uniform to change into. The evening performance starts at 7pm.

Have a lovely weekend.

Kind regards,

Kate Baptiste

Headteacher

Co-parenting with care

Creating a positive environment for children

This programme is specifically for parents who are separated or divorced and needing support to improve their co-parenting of a child/ren living in Enfield. This is a valuable opportunity to enhance relationships and strengthen co-parenting skills; Both parents are welcome to attend.

Sessions include

- Understanding co-parenting
- Communication skills
- Creating a co-parenting plan
- Navigating emotions
- Building a collaborative relationship
- Resources and support
- Moving forward



These 2 courses will be delivered via MS Teams, over 6 sessions on the following dates and times:

Date: Wednesday 5, 12, 26 February & 5, 12, 19 March 2025

Time: 9.30 am - 11.30 am

Date: Monday 24 February & 3, 10, 17, 24, 31 March 2025

Time: 7.00 pm to 9.00 pm

For more information or to make a referral, scan the QR code, email services@familylives.org.uk or call 0204 522 8700 or 0204 522 8699



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