



15th March 2024

Dear Parents

I have had a thoroughly enjoyable, if totally exhausting week with Year 6 on their residential to Hilltop in Norfolk. They have been abseiling, climbing, zip-wiring, cycling, falling, running, walking, shooting, playing, eating, sleeping, (not-sleeping) and generally having a wonderful time! The weather was a bit wet to start with but has been generally good which meant we could enjoy everything planned. We have returned with a suitcase of filthy clothes and a treasure trove of special memories! It is a lot of money, so Year 4 and Year 5 parents start saving – but worth every penny!



I had forgotten to include the link to the video of our mini pilgrimage in last week's newsletter. You can watch some of the action here <https://www.st-monicas.enfield.sch.uk/pilgrimage-to-st-monicas-food-bank/>

Internet Safety – Following on from my message about Internet safety last week, if you're worried about algorithms and your child's phone being flooded with unsuitable adverts and messages, hack their phone in the evening when they have gone to bed. Do lots of searches for things you'd like them to improve on, "how to be a fluent reader", "improving your study habits", "top tips for tidying your bedroom" then hopefully the devices will be flooded with useful things!!

Netball? No High Five! – Apologies for last week's mention about netball. It was actually "High Five" a game which is a 5-a-side netball match including boys and girls!

Bikeability – We have been offered the opportunity of a level 1 and 2 cycle course for Year 5 which is starting on Monday. Year 6 children had had this booked for them last year but the instructor was unwell, so we have scheduled their Bikeability course for June (more details to follow). Year 4 will have the option of a Level 1 course in April (more details to follow about this too).

Reminder about new pharmacy service
The Pharmacy First scheme was launched by the government and NHS England on 31 January 2024 to ease pressure on GP services. You can now get prescription-only treatment for seven common conditions from the local pharmacy, without the need for a GP appointment or prescription. Some St Monica's children have been examined and prescribed anti-biotics for ear infections within minutes of visiting the local Alderman's pharmacy in recent weeks. Other eligible conditions are sore throats and infected insect bites.

Year 5 Retreat days - Year 5 went on retreat to St Monica's Church this week. As part of their Lenten preparation, they looked at the Stations of the Cross and thought about Jesus' journey on Good Friday. They worked in groups to produce some lovely artwork about the Stations of the Cross.

Sponsored Dance-a-thon – On Monday, the whole school will be completing a dance-a-thon to raise money for the orphanage in the Democratic Republic of Congo. Please try and get your sponsors and ideally collect money using the QR code.

<https://www.england.nhs.uk/primary-care/pharmacy/pharmacy-first/>

Golden padlock – Next week, members of the School Council will be in charge of the "golden padlock". This means that every day one bike or scooter will have the golden padlock put on. The person with the golden padlock each day next week can collect a prize!

If you're going to the St Patrick's Night tonight, have a great time. Sadly the staff won't be there as we'll be at Mrs Dinnage's leaving party. She is starting maternity leave and we're looking forward to hearing news about the safe arrival of her baby very soon! In the meantime, we wish her a well deserved rest before the baby comes. Welcome back to Miss Sterlini who is taking over in Class 3Y.

For anyone with Irish heritage, Happy St Patrick's Day for Sunday!
Kind regards
Kate Baptiste
Headteacher



Diary Dates for next week
Monday 11th – Friday 22nd – Big Walk and Wheel families are encouraged to walk, cycle or scoot to school, or part way to school – a golden padlock will be attached to one lucky bike or scooter each day next week.
Monday 18th – Bikeability for Year 5 – don't forget your bikes and helmets if you are taking part in this.
Monday 18th – Sponsored dance in school to raise money for the orphanage in the DRC.
Wednesday 20th – Reception to Gruffalo trail – get into school for 8.45am for a 9am departure. Please wear PE kit with tracksuit bottoms (not shorts). Bring a packed lunch unless your child is getting a school one. They will arrive back by 3.15pm.
Wednesday 20th – Class 6G have cookery today – please bring in an apron or old t-shirt to cover your uniform
Wednesday 27th Sponsor forms to be handed in if any contributions have been gift aided. Ideally make the contributions via the QR code rather than cash, but cash can be sent in on 27th if you can't manage an online payment.



AGES 5-16

FUN INCLUSIVE FOOTBALL

Lessons to help with children's balance and co-ordination.
Provided by FA accredited coaches.

ON THE 3G PITCHES
ENFIELD PLAYING FIELDS
DONKEY LANE, ENFIELD, EN1 3PL

AGE 5-11: THURSDAYS 4-5PM
SATURDAYS 9-10AM
AGE 11-16: THURSDAYS 5-6PM

- Learn basic skills:

- ★ running
- ★ ball skills & kicking
- ★ throwing & catching
- ★ team work
- ★ turn taking
- ★ working with others
- ★ negotiation and compromise

- Have fun and meet new friends.

- Improve physical fitness in a fun and safe environment.

For further info, please
contact your Occupational
Therapist or email:
beh-tr.otgroups@nhs.net



ENFIELD TOWN FC
COMMUNITY SPORTS
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