

Year 4

A suggested timetable for learning at home
– feel free to amend!



Work for the next day will be scheduled for 7pm the night before. Please keep an eye on your Google classroom stream for daily work and announcements

Wake up!	Make a positive start to the day – have breakfast and get dressed. Be prepared for the day ahead – you could start the day with a 3-minute retreat: https://www.loyolapress.com/3-minute-retreats-daily-online-prayer/				
9.15am Google meet	Google meet: Online registration. <i>This will be taken by Mrs Costello for 4G on Tuesday and 4Y on Thursday.</i> Meet your teacher. Your teacher will do the register, prayer and go through work for the day.				
Daily	Monday	Tuesday	Wednesday	Thursday	Friday
9.45am	Maths	Maths	Maths	Maths	Maths
Daily Maths	Please spend at least 20 minutes a day practising your times tables. Go onto TT Rock stars https://trockstars.com/ or https://www.topmarks.co.uk/maths-games/hit-the-button Other maths games to practise your skills can be found at: https://mathsframe.co.uk/				
10.30am	Break. Have a drink/snack. Get some fresh air if you can.				
11am Google meet	Google meet – daily except Monday (PPA), and not 4G Tuesday and 4Y Thursday. This is when your teacher will do some examples to help you with your tasks. You will be able to ask questions and share any issues.				
11.30am	English	English	English	English	English <i>Spellings: Lesson and dictation of last week's spellings</i>
Daily English	<i>Handwriting & Spellings.</i> Use your spelling list from the previous week to practise your handwriting. Write the word out several times and try to put the words into your own sentences to help you learn and remember the meanings.				
12.30 – 1.30pm	Lunch time. Switch off from all devices. Have a run around like you would at school. Get some fresh air if you can.				
1.30pm Google meet	Google meet – daily. Except not 4G Tuesday and 4Y Thursday. Time to share work and ask questions. Your teacher will go through the learning for the afternoon.				
2pm	Topic & Music – Ms Phillips	Science	RE	Fortnightly Art/Design & Technology or Computing	PE PSHE and Wellbeing
3.15pm	End of the school day – try to have a set time when you aim to finish your school work at home.				
Daily exercise	If possible – do a daily walk or some indoor exercise. Try to get a little exercise daily. Keep an eye out for fitness challenges on Google classroom! Joe Wicks is streaming exercise 3 times (Monday, Wednesday, Friday) a week via the following link: https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ You could try Go Noodle https://www.youtube.com/channel/UC2YBT7HYqCbbvzu3kKZ3wnw Learn a new dance on Just dance – many can be found on YouTube such as: https://www.youtube.com/results?search_query=just+dance Or make up your own to your favourite tunes!				
Reading	Read daily! Read a range of texts – a book, newspaper articles and fact books! You may read a recipe and make something or follow a set of instructions. Make predictions and you could write a review when you finish a book. Could you write a prequel or sequel to a story you read?				
Spellings	Please visit https://www.spellzone.com/word_lists/games-5454.htm and play these games to help practise your Year 4 spellings. * Bouncing anagram is fun although a little tricky! * Weekly dictation will be on Fridays				
Other useful links	BBC lockdown learning- CBBC daily from 9am https://www.bbc.co.uk/iplayer/group/p093cv85 RE: The Mark 10 Mission, weekly acts of worship https://www.themark10mission.co.uk/theepisodes Oak academy – many online lessons/video/resources https://classroom.thenational.academy/ Creative writing: https://www.pobble365.com/ Resources to support inference and prediction skills: https://www.onceuponapicture.co.uk/				

*Please note: Mrs Costello will do the 9.15am register when Miss McCarron (Tuesday) and Mrs Koumpi (Thursday) are in school. There will be no 11am or 1.30pm meet on the day they are in class. *