

Year 1

A suggested timetable for learning at home
– feel free to amend!



Work for the next day will be scheduled for 7pm the night before. Please keep an eye on your Google classroom stream for daily work and announcements

Wake up!	Make a positive start to the day – have breakfast and get dressed. Be prepared for the day ahead – you could start the day with a 3-minute retreat: https://www.loyolapress.com/3-minute-retreats-daily-online-prayer/				
9.15am Google meet	Google meet: Online registration. Meet your teacher. Your teacher will do the register, prayer and go through work for the morning.				
Daily	Monday	Tuesday	Wednesday	Thursday	Friday
9.45am	Maths	Maths	Maths	Maths	Maths
Daily Maths	Please spend at least 10 mins a day practising your number bonds. Hit the Button - Quick fire maths practice for 5-11 year olds (topmarks.co.uk) Other maths games to practise your skills can be found at: https://www.ictgames.com/mobilePage/index.html				
10.30am	Break. Have a drink/snack. Get some fresh air if you can.				
11am Google meet	Google meet – daily except Tuesday (PPA) and on Wednesday none for 1Y and on Thursday none for 1G as Miss Smith and Mrs Duffy will be in school those days. This is when your teacher will go through anything you may need to know for your English lesson. You will be able to ask questions and share any issues.				
11.30am	English <i>Reading focus</i>	English <i>Class Book Focus</i>	English <i>Grammar Focus</i>	English <i>Class Book Focus</i>	English <i>Spellings</i>
Daily English	<i>Handwriting & Spellings.</i> Use your spelling list from the previous week to practise your handwriting. Write the word out several times and try to put the words into your own sentences to help you learn and remember the meanings.				
Phonics	<i>Daily Phonics</i>				
12.30 – 1.30pm	Lunch time. Switch off from all devices. Have a run around like you would at school. Get some fresh air if you can.				
1.30pm Google meet	Google meet – daily. (Wednesday none for 1Y and on Thursday none for 1G as Miss Smith and Mrs Duffy will be in school those days.) Time to share work and ask questions. Your teacher will go through the learning for the afternoon.				
2pm	Topic	Science & Music – Ms Phillips	RE	Fortnightly Art/Design & Technology or Computing	PE PSHE and Wellbeing
3.15pm	End of the school day – try to have a set time when you aim to finish your school work at home.				
Daily exercise	If possible – do a daily walk or some indoor exercise. Try to get a little exercise daily. Keep an eye out for fitness challenges on Google classroom! Joe Wicks is streaming exercise 3 times (Monday, Wednesday, Friday) a week via the following link: https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ You could try Go Noodle https://www.youtube.com/channel/UC2YBT7HYqCbbvzu3kKZ3wnw Learn a new dance on Just dance – many can be found on YouTube such as: https://www.youtube.com/results?search_query=just+dance Or make up your own to your favourite tunes! What about SuperMovers: Super Movers - Just For Fun - BBC Teach Remember to keep up your skills from your hobbies such as dance, football, cricket, rugby, cycling etc.				
Reading	Read daily! Get an adult to read to you.				
Spellings	Please visit https://www.topmarks.co.uk/english-games/5-7-years/words-and-spelling where you will find some spelling games suitable for Year 1. Weekly spelling will be on Fridays.				
Other useful links	BBC lockdown learning- CBBC daily from 9am https://www.bbc.co.uk/iplayer/group/p093cv85 RE: The Mark 10 Mission, weekly acts of worship https://www.themark10mission.co.uk/theepisodes Oak academy – many online lessons/video/resources https://classroom.thenational.academy/ Creative writing: https://www.pobble365.com/				

Please note: Mrs Roper will do the 9:15am register when the class teacher is in school.