

Pupil Choice Extra Winter 2020

WEEK 1				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef Bolognaise	Italiano Chicken Fillet	Roast Pork with Sage and Onion Stuffing	Beef Burger in a Bun	Salmon Fish Fingers
Pasta Choice	Savoury Rice	Roast Potatoes or Wholemeal Pasta	Diced Potatoes	Low Fat Chips or Pasta
Vegetarian Sausages with Potato Wedges	Macaroni Cheese with Wholemeal Herby Bread	Quorn Fillet	Vegetarian Roll	Cheese and Tomato Pizza
Jacket Potato with Various Toppings	Jacket Potato with Various Toppings	Jacket Potato with Various Toppings	Jacket Potato with Various Toppings	Jacket Potato with Various Toppings
Cheese Sandwich	Ham Flat Bread	Tuna Baguette	Chicken Mayo Wrap	Egg Roll
Pear & Apple Crumble and Custard	Fresh Fruit Wedges	Oaty Sultana Bar	Fresh Fruit Jelly	Chocolate Sponge
WEEK 2				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken and Sweetcorn Meatballs	Chicken Pie	Roast Beef with Yorkshire Pudding	Pasta Carbonara	Fish Fillet Fingers
Savoury Rice	Diced Potatoes	Roast Potatoes or Wholemeal Pasta	Mixed Side Salad	Potato Wedges or Pasta
Veggie Mince Fajitas	Cheesy Spring Vegetable Bake	Beany Bolognaise	Quorn Hot Dog with Pasta	Cheese and Tomato Pizza
Jacket Potato with Various Toppings	Jacket Potato with Various Toppings	Jacket Potato with Various Toppings	Jacket Potato with Various Toppings	Jacket Potato with Various Toppings
Cheese Sandwich	Ham Flat Bread	Tuna Baguette	Chicken Mayo Wrap	Egg Roll
Chocolate Banana Sundae	Fresh Fruit Wedges	Lemon Shortbread	Fresh Fruit Jelly	Apple Muffin
WEEK 3				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mild Chicken Curry	Beef Lasagne	Roast Chicken with Sage and Onion Stuffing	Pork Sausages with Gravy	Battered Fish Fillet
Brown and White Rice	Mixed Side Salad	Roast Potatoes or Wholemeal Pasta	Potato Wedges	Low Fat Chips or Pasta
Vegetarian "Meat" Balls with Savoury Rice	Quorn Pattie in a Bun with Diced Potatoes	Italian Pasta Bake	Sweet Potato Slice	Cheese and Tomato Pizza
Jacket Potato with Various Toppings	Jacket Potato with Various Toppings	Jacket Potato with Various Toppings	Jacket Potato with Various Toppings	Jacket Potato with Various Toppings
Cheese Sandwich	Ham Flat Bread	Tuna Baguette	Chicken Mayo Wrap	Egg Roll
Double Layer Mousse	Fresh Fruit Wedges	Peachy Crumble and Custard	Fresh Fruit Jelly	Chocolate Cookie