

A suggested timetable for learning at home – feel free to amend!



Wake Up!	Have breakfast, get dressed, brush your teeth, make your bed, tidy your room				
Daily exercise	If possible – morning walk or indoor exercise. Joe Wicks is streaming Monday, Wednesday and Saturday at 9am specifically for school children, via the following link: https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ Or you could try Go Noodle https://www.youtube.com/channel/UC2YBT7HYqCbbvzu3kkZ3wnw Try to get a little exercise daily. Continue with the virtual London Youth Game tasks on Dojo and input your scores.				
School work	Please refer to the school website for any additional PDFs http://www.st-monicas.enfield.sch.uk/learning/year-3/				
Reading	Please also read every day for 20 minutes. Remember you can still access the online books.				
Spellings	We would like you to look at this key vocabulary for the week. Learn the spelling, find the meaning and then use it in a sentence. Difference, similarity, diversity, respect, tolerance, unique				
	Monday	Tuesday	Wednesday	Thursday	Friday
English	<p>Reading – Comprehension We would like you to complete the comprehension on Martin Luther King. Then if you want to we have also included a comprehension on Rosa Parks. As always there are three levels for the reading comprehension. If you find one too easy try the next text to push yourself. PDFs are on the school website. If the comprehensions have made you interested in finding out more on both Martin Luther King and Rosa Parks take a look at these links: https://www.bbc.co.uk/bitesize/topics/zjkj382/articles/zknmrj6 https://www.bbc.co.uk/bitesize/topics/zjkj382/articles/zkhknrd</p>	<p>Grammar - Alliteration Watch: https://www.bbc.co.uk/bitesize/topics/zfkk7ty/articles/zq4c7p3 Then complete the alliteration worksheet on the school year 3 learning page.</p>	<p>Writing - Planning a speech We have made you a PowerPoint which will be put on Dojo to help you. Watch: https://www.bbc.co.uk/programmes/articles/4mYSfdJBpkY6rCDMrGwgS0y/dr-martin-luther-king-dream-on We would like you to plan a speech for equality for all. Follow the layout of the planning that is on the Year 3 learning page. Read: Tips for a speech PDF on the school web page.</p>	<p>Writing - Writing a speech Today we would like you to write your speech using your plan from yesterday. Remind yourself of the top tips for a speech.</p>	<p>Speaking and Listening - Delivering a speech Now you have planned and written your speech, we would like you to record yourself or present your speech to your family. Remember be confident, stand up tall. You do not need to memorise your speech. Look up at your audience as much as you can and get eye contact with them or with the camera.</p>

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Every day maths	Please spend 10 minutes every day on your Times Tables . You can use Times Tables Rock Stars or Hit the Button https://www.topmarks.co.uk/maths-games/hit-the-button				
Maths	Place Value lesson https://app.mymaths.co.uk/41-lesson/hto-place-value	Place Value Homework https://app.mymaths.co.uk/41-homework/hto-place-value	Place Value Lesson https://app.mymaths.co.uk/41-lesson/hto-place-value	Place Value Homework https://app.mymaths.co.uk/41-homework/hto-place-value	8 x tables https://app.mymaths.co.uk/122-lesson/8-times-tables
A suggestion for the afternoon activities – you can choose which days you want to do each lesson.	RE – The life of Nelson Mandela We would like you to research Nelson Mandela You will need to find out the following: 1)who he was 2)what he did (i.e. some of the events of his life) 3)why he did these things 4) how his faith was an important influence on his life choices. Here are some useful websites: https://www.bbc.co.uk/bitesize/topics/zjkj382/articles/zj3p8xs http://projectbritain.com/calendar/july/NelsonMandela.html	Science – Wangari Maathai Kenyan biologist Wangari Maathai was the pioneer of the Green belt movement. Here is a website to introduce this famous scientist. https://kidworldcitizen.org/introduce-kids-to-nobel-peace-prize-winner-wangari-maathai/ Here is her autobiography book read for children. https://www.bing.com/videos/search?q=seeds+of+change&&view=detail&mid=7BDCE10D01CBAEAE81327BDCE10D01CBAEAE8132&&FORM=VRDGAR&ru=%2Fvideos%2Fsearch%3Fq%3Dseeds%2Bof%2Bchange%26FORM%3DHDRSC3 From this information can you create a biography of	History – Prejudice and Discrimination Work through the PowerPoint (on Dojo) ‘Introduction to civil rights movement’ You will also need the PDF of ‘How would you feel?’. After working through the PowerPoint your task is to imagine you are a young Martin Luther King. Write a diary entry about the incident at the shoe shop. Remember to describe what happened and include how you would have felt about what happened. <i>To help there is a letter outline on the Year 3 learning page.</i>	ART – Kelvin Okafor Kelvin is a Local artist who went to St Ignatius School in Enfield. Learn more about him here: https://www.bbc.co.uk/news/av/uk-england-london-21234214/kelvin-okafor-pencil-drawings-amaze-art-critics Take a look at some of his art: https://kelvinokaforart.com/ Using only pencil can you draw a portrait. It could be a self portrait or of someone important to you. It could be a family member or a famous person who is doing good at this time.	PSHE – YOU! Think about what it is like to be YOU in the world. Create a list with your name, your favourite game, favourite music, and favourite hairstyle. You could add your best thing about weekends, your future ambition and a dream for our future world. Record your ideas with drawings, sound, photography or video. There are many things that make you different to other people. There are also so many things that make you the same. Some differences can be seen, and some cannot. Think for a minute about everything that makes you YOU, the visible and the invisible things. Now think of a friend. Think about everything that makes them THEM, the visible and the invisible. Think for example of the clothes they like wearing or the things they carry with them, something

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	<p>https://www.bbc.co.uk/news/round/25263229 From this information can you create timeline of his life.</p>	<p>Wangari Maathai in the form of a poster, booklet, brochure etc.</p>			<p>nice they did for you or what games they like. Draw these things to create a portrait of your friend. NOTE: There is no right way or wrong way to do this activity. This is for YOU. YOUR voice, ideas and feelings matter.</p>
<p>Creative time!</p>	<p>Lego, puzzles, board games, colouring, craft activities, cooking/baking, imaginative play, gardening, computer games, anything they like to do! Please see music lessons from Ms Phillips on the Dojo and also on the website http://www.st-monicas.enfield.sch.uk/learning/music/</p>				
<p>Evening time</p>	<p>Have dinner (help set the table, tidy up after), talk to your family about what you have learnt, relax, prepare for bed/story time</p>				

Please do not worry if you cannot complete all of the suggested activities. We are all doing the best that we can during this difficult and strange time.

Having said that, if you want more to do, please see websites such as BBC Bitesize <https://www.bbc.co.uk/bitesize> and Oak Academy <https://www.thenational.academy/online-classroom> which both provide daily lessons, appropriate for each year group.