

Year 4

Home learning week beginning: 30/3/20

Please find below a list of activities that we would like you to complete this week. Please do not try to do all of these activities in one day; spread them out over the week so that you are doing some school related work throughout each day as if you were in school. Try to work between the hours of 9am and 3pm.

Please continue to use Class Dojo to keep in touch. Not all of you are signed in – please check your emails (it may be in spam). We will be checking this daily to see what you're up to and be available if you have any questions/need help. Look out for other challenges too!



RE

Start your day with our morning prayer and remember to say your grace before and after meals. Do your normal prayers at normal times. Continue to create your own prayers that can be added to our class Prayer Journal if you want too 😊.

Continue with Holy Week booklet:

Using Matthew's Gospel we would like the children to create an information booklet all about Holy Week. This should include: Palm Sunday, Maundy Thursday, Good Friday and Easter Sunday. You can include the other days and their events too. The booklet can include images, quotes from the Bible and writing about what happened on each day. We would like you to include how Catholics remember these days e.g. Palms on Palm Sunday.

There are a number of YouTube videos to help. E.g.

<https://www.youtube.com/watch?v=OPSgoPdKQFQ>

Perform an Act of Worship as a family. The children have led their own with the class so hopefully they can direct you in this.

We gather – choose which items you will be using to prepare,

Prayer focus table

Bible

Cross

Symbols/ objects/pictures/photos

Candle

Music

Sign of the cross

We listen – read the bible passage

Strength- Pray that God gives them the strength to do what they need to do each day. "I can do all things through him who strengthens me." Philippians 4:13

Courage- Pray that they will be brave as they face the challenges that are before them. “Have I not commanded you? Be strong and courageous. Do not be frightened, and do not be dismayed, for the Lord your God is with you wherever you go.” Joshua 1:9

Peace- Ask that their hearts will be calm and peaceful as they go through their day and in their sleep at night. “Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.” Philippians 4:6

Provision- Ask God to provide for all that they need – for stamina, spirit, and finances – for each day. “And my God will supply every need of yours according to his riches in glory in Christ Jesus.” Philippians 4:19

- 3 *We respond*** – respond to the words in the passage. Reflect on the Word you have heard and say a spontaneous prayer by passing around a heart/ stone/ pebble/ shell/ candle.
- 4. *Going Forth*** - Here children come to reflect on what they would like to hold on to, to understand and express how faith is lived out in the school community, at home, in the parish, the local and wider community. They identify ways of applying faith to life.

During the day, find a quiet place and say a prayer for someone in need

We have also put onto the website a document that gives you some RE activities to do at home – adults included!

Maths lessons x 4 over the week

Addition and Subtraction Lessons:

1. Introducing column addition: <https://app.mymaths.co.uk/1720-lesson/introducing-column-addition>
2. Adding and subtracting numbers with up to 4 digits: <https://app.mymaths.co.uk/1716-lesson/more-written-methods>
3. Use a dice or create number cards 1-9 and randomly generate 2, 3 or 4 digit numbers to add and subtract!
4. The PDF on the website has a range of worded problems getting increasingly challenging. Remember to put on your RUCSAC!

If you fancy some challenges have a look at: <https://nrich.maths.org/9414>

TT Rock stars <https://trockstars.com/> 30 minutes-a-day or <https://www.topmarks.co.uk/maths-games/hit-the-button> to practise times tables

Maths frame has some great games too:

<https://mathsframe.co.uk/en/resources/category/22/most-popular>

Literacy

Spellings: Continue with Year 3/4 spelling word searches (There are 10 word searches so aim to complete 1 a day for this week). This is on the website.

If unable to print, you can also find the year 3/4 spelling list online

https://www.google.com/search?q=year+3+and+4+spelling+list&tbm=isch&hl=en&safe=strict&chips=q:year+3+and+4+spelling+list&rlz=1C1GCEB_enGB867GB867&safe=strict&hl=en&ved=2ahUKEwi6laCXurDoAhUENRoKHbdwCwEQ3VZ6BAGBEBY&biw=1215&bih=590

– please practise these by writing your own sentences.

You will be doing lots of Literacy for your RE booklet and South America project – so please focus on these.

If you want some writing inspiration and want to do some creative writing of your own have a look at the Literacy shed:

<https://www.literacyshed.com/home.html>

Here you'll find a range of videos which may inspire you! Remember what makes great writing and don't forget your non-negotiables!

Reading – enjoy reading! Read magazines, story books and even instructions on how to make a cake and bake it!!! Perhaps begin a reading log and write reviews of the books that you are reading – these could be shared on the Class Dojo. Don't forget David Walliam's elevenses <https://www.worldofdavidwalliams.com/> 🤗

Topic

To be done over 2 weeks:

Please continue with your South America Project! In class we looked at the format of a report. We would now like the children to create their project which should include:

- information about the Amazon rainforest
- animals that live in the rainforest
- important medicines and food we can get from plants in the Amazon rainforest
- layers of the rainforest
- countries that are in South America and their capitals
- famous landmarks in South America.
- Anything else you like about South America! 🤗

And some pictures!

This can be done either as a booklet, a large poster or perhaps a PowerPoint presentation! Be creative!

Science

Have a go at this quiz:

<http://www.switchedonkids.org.uk/fun-and-learning/electricity-quiz#>

& have a look at this:

<https://www.bbc.co.uk/bitesize/topics/z2882hv>

Art/D&T/Creativity

Try some of these:

100 Things to do indoors

www.spreadthehappiness.co.uk

1. Make non-cook playdough, then have a Dough Disco
2. Paint our families' portrait
3. Write and make a book
4. Draw flowers or the fruit bowl
5. Learn some laughter yoga www.robertrivest.com
6. Finger paint
7. Make a band from kitchen pots and pans
8. Footprint paint
9. Have a dance alarm every 30 minutes
10. Have a karaoke
11. Send a video message to family and friends to get them busy
12. Have a birthday party for a pet or cuddly toy
13. Have an indoor picnic
14. Discover your favourite story and share it together
15. Order books alphabetically
16. Have an indoor treasure hunt
17. Dress up in adult shoes
18. Find a fairy door in your house or garden
19. Do the Hokey Cokey
20. Take a selfie through a toilet roll tube and pretend you are on the moon

21. Make cards for everyone at home
22. Get some sheets to flap and pretend they are the waves and jump in
23. Make cakes
24. Get material or cardboard and make mermaid or merman's tails
25. Get all the chairs together and make a bus, play conductors and drivers
26. Make a camp in your bed
27. Make a dark den and use a torch
28. Write a letter to a neighbour or friend
29. Colour in a colouring book or draw a picture
30. Make wool or string hair over a chair
31. Have a pamper day
32. Have a crunched up paper fight (from recycling)
33. Make ice lollies with cordial and water
34. Make sandwiches in strange shapes
35. Make a pretend car from boxes/furniture
36. Learn a rhyme or poem
37. Make paper aeroplanes
38. Have a pirate adventure, make boats from boxes or furniture
39. Blow bubbles and catch them
40. Make a number frieze for the wall, decorate

41. Read Pirate George series available on Kindle
42. Make a papier mache sculpture over a balloon
43. Keep a balloon up in the air game
44. Play a board game
45. Play hide and seek
46. Play dominoes
47. Learn a card game
48. Make smoothies
49. Perform a puppet show
50. Make shadow puppets
51. Make finger/sock puppets
52. Choreograph a dance or learn a dance routine
53. Have an upside down meals day, lunch for breakfast etc.
54. Learn a sing-along for Spread the Happiness TV
55. Learn to cook something new
56. Learn Brilliant Beast Song on Spread the Happiness TV YouTube Channel
57. Leave happy notes all around the house
58. Make a fitness routine and put your family through their paces
59. Using vegetables, make characters
60. Dance and sing to Knees up Mother Brown

61. Play I spy
62. Open your windows and sing out a song
63. Learn Days of the Week Song
64. Play musical statues
65. Learn a Beatles song
66. Learn a Queen song
67. Make an indoor restaurant and serve your family
68. Have a toy's tea party
69. Roll balls down the stairs
70. Be superheroes with capes
71. Eat cereal with a gigantic spoon
72. Have an ice cream party
73. Enter an online competition to win a prize
74. Vacuum your home
75. Polish your home
76. Fold up sheets
77. Use a sheet as a parachute to fluff up and hide under and play parachute games
78. Make binoculars with toilet rolls and look out the window at the birds
79. Make yoghurt pot telephones
80. Make a junk model rocket as large as you can

81. Create a comedy show
82. Pretend to conduct an orchestra to music
83. Hike up your stairs like it is a mountain, so so high
84. Roll around a large space in your home
85. Hop around like a bunny
86. Learn to play sleeping bunnies
87. Learn and act out 5 Little Monkeys
88. Find as many collections of 10 things in your home as you can
89. Dance in the shower
90. Sing in the shower
91. Squirt shaving foam in your hands
92. Make a scrap book of your favourite things, people
93. Play Jack in the Box in a large cardboard box
94. Have a themed party
95. Stay up late to look at the stars with a night time picnic
96. Play apple bobbing
97. Jump on the bed
98. Bash a pinata
99. Do coin rubbing with paper and crayons
100. Play pass the parcel

PE/Dance

We are really enjoying Joe Wicks 9am live daily workout on Youtube. We hope you are too!

<https://www.youtube.com/watch?v=K6r99N3kXME>

Just dance

For short breaks throughout the day you can also access short movement breaks via BBC super movers:

<https://www.bbc.co.uk/teach/supermovers/ks2-collection/zr4ky9q>

For other ideas of exercising in your own home please visit -

<https://www.sportengland.org/news/how-stay-active-while-youre-home>

Aside to this, there are lots of fun things you can do that all involve learning!! See below for some ideas: <https://medium.com/pobble/simple-and-fun-non-screen-activities-that-children-can-do-at-home-115543cb3b9c>

<https://www.dayoutwiththekids.co.uk/blog/indoor-activities-for-kids>

There are lots of free resources out there too!

School subscription services that are providing guidance and resources to support with school closures

- twinkl** - Subscription service used by schools is offering a free premium service for educators, parents and children to use whilst schools are closed—enter the code UKTWINKLHELPS. Worksheets, PowerPoints and interactive games to support all areas of learning. www.twinkl.co.uk/
- Classroom Secrets** - Maths and reading home learning packages for schools to use due to school closures. Free access to child version of site. <https://classroomsecrets.co.uk/home-online-learning/>
- White Rose Maths** - Maths home learning packages for schools to use due to school closures. www.whiterosemaths.com/resources/schemes-of-learning/primary-sols/
- Master the Curriculum** - Maths subscription service has made resources free for educators and parents. www.masterthecurriculum.co.uk/
- Primary Stars** - Maths home learning packages for schools to use due to school closures (KS1). <https://primarystarseducation.co.uk/covid-19-year-1/>
- Mrs Mactivity** - Provide your email to be sent free activities and resources to support with home learning. www.mrsactivity.co.uk/free-resources-2/

Thank you...

Free Websites and Apps to support with... Mindfulness and Keeping Active

- Smiling Mind** - Short audio sessions to help with mindfulness. <https://app.smilingmind.com.au/>
- Cosmic Yoga - YouTube** - Yoga videos designed for kids aged 3+ www.youtube.com/user/CosmicKidsYoga *We love!*
- BBC Supermovers** - Interactive videos to support with KS1 and KS1 Maths, Literacy and PSHE and PE learning. Great for times tables—as well as videos that are 'just for fun'. www.bbc.co.uk/teach/supermovers
- Go Noodle—YouTube** (More videos on their own website) - Hundreds of 'brainercise', dancing, strength and mindfulness videos—as well as videos that are 'just for fun'. www.youtube.com/user/GoNoodleGames/featured
- Premier League Stars** - Videos and activities to support with Maths, Literacy, PSHE and PE. www.plprimarystars.com
- Newsround** - Keeping children up to date with the world around them—creating opportunities to talk about the news with children. www.bbc.co.uk/newsround

Free Websites and Apps to support with...

Maths and Science

- 
TopMarks
www.topmarks.co.uk/
- 
Dragon Box (Paid App)
www.dragonbox.com
- 
Bee Bot App for Computing (Free App)
<https://apps.apple.com/gb/app/bee-bot/id500131639>
- 
Times Table Rockstars (Paid App or Free with School Subscription)
<https://trockstars.com/>
- 
Cheebies - Numberblocks
www.bbc.co.uk/cheebies/shows/numberblocks
- 
Explorify for Science
www.explorify.wellcome.ac.uk/
- 
ICT Games—For Literacy and Maths
www.ictgames.co.uk/
- 
Prodigy Maths (Free App)
www.prodigygame.com/

A great bank of interactive games!

4Y – keep practising you assembly lines and song words ready for when we do it! 😊

Please do what you can. Don't worry if you can't do everything – we are all doing our best during this strange time. We miss you and look forward to seeing what you've been doing on Class Dojo. Take care and be safe 😊

Best wishes

Mrs Koumpi & Miss McCarron

