

St. Monica's School Weekly Newsletter

Issue No 23 – Friday 13th March 2020

'Strive to succeed in the presence of God'

TOGETHER as a Catholic community
EVERYONE – children, staff, parents, carers and parish – ACHIEVES in their own unique way and tries to be MORE like Jesus.

ASSEMBLIES

On Monday Mrs Baptiste spoke to the children about the Transfiguration of Jesus from Sunday's Gospel. We looked at a painting which showed a bright light surrounding Jesus. We thought about how we could shine our own lights by demonstrating God's love in our daily lives.

On Tuesday Mrs Baptiste and Mrs Roper talked to the children about zones of regulation. If you are in the green zone you're good to go! Unfortunately we can't always be in the green zone for lots of different reasons. We need to be aware of our feelings and how to manage these so we can get back to green. Yellow is when we're feeling anxious, worried or irritated. Red is when we are really angry and feeling out of control. Blue is when you are feeling tired, sad or bored. We learnt that focusing on our breathing, having a drink of water, going for a walk or run around can all help. It's important to talk to someone if we're not feeling great and children were asked to look out for each other and support each other when they might be in the yellow, blue or red zone! Together, everyone achieves more!

On Wednesday we spoke to the children about COVID-19 and the importance of coughing or sneezing into tissues and washing our hands regularly with soap. We prayed for those who are unwell or caring for those who are poorly.

Class Assembly

On Thursday, **6G** had their last ever assembly called 'What's on TV?' They showcased all their wonderful talents and there were some spectacular routines and comedy moments. Mrs Warrington is extremely proud of you all!!!

CROSS COUNTRY

Sixteen of our **Year 4** children ran in the Borough Cross Country competition last Friday at Lee Valley. The girls' team ran an exceptional race and were placed 1st. The boys' team came home in 2nd place. St Monica's School won the competition overall. A huge congratulations to everyone who represented our school, we are very proud of you!

FRIENDS NEWS

Thank you to everyone who supported last week's book sale. A total of **£650** was raised.

The Friends

SPORTS RELIEF

Thank you to all the families who made contributions today towards Sports Relief. We raised **£337!** Well done to everyone who took part in the DANCEATHON that was held all day. When you go home take off your dancing shoes, put your feet up or in a basin of water and enjoy the weekend!

RECONCILIATION

On Thursday, children from **Year 6 & 5Y** had the opportunity to receive the Sacrament of Reconciliation. Thank you to Fr Mehall & Fr Stewart and Fr Graham, Fr Tom & Fr Chinedu priests from neighbouring parishes who came to school to provide this.

SPELLING BEE

Well done to all the children who took part in our first Spelling Bee Competition. The winners were as follows: **Year 1 – Freddie, Year 2 – Dearbhla, Year 3 – Finn, Year 4 – Remy, Year 5 – James & Year 6 – Cristian. Keeeeeep spelling!!**

Book in the Box

Well done to all the children who entered the Book in the Box competition for book week - there were some outstanding creations! Book in the Box competition winners:

RY – Celia – 'Swallows & Amazons'
RG - Ethan – 'Billy Goats Gruff'
1Y – Luke – 'Gigantosaurus'
1G – Charlie – 'Sharing a Shell'
2Y - Max - 'Charlie & the Chocolate Factory'
2G – Florence – 'The Worst Witch'
3Y – Alicja – 'The Tiger Who Came to Tea'
3G - Florence - 'The Lion, The Witch and The Wardrobe'
4Y – Kaelyn – 'The Magic Finger'
4G – Luna – 'Alice in Wonderland'
5Y – Eimear – 'Harry Potter'
5G - Olivia T – 'Hansel and Gretel'
6Y – Antonina – 'Hansel and Gretel'
6G - Emilia - 'Dork Diaries'

Diary Dates

- **Monday 16th March** – Year 6 on school journey all week
- **Wednesday 18th March** – Choir practice as normal after school
- **Thursday 19th March** – 4Y Class Assembly at 9.15am, 4Y parents are invited
- **Thursday 19th March** – Opportunity for Year 4 and 5G to receive the Sacrament of Reconciliation
- **Friday 20th March** – Mother's Day Tea Party at 2.00pm, Reception mothers are invited

PE MARK!

We are proud to announce another great achievement, the Platinum Award for PE has been awarded to St Monica's School. It is the highest award a school can achieve. Congratulations to all the children and staff (especially Mrs Borley our PE coordinator) for all their hard work and participation in sport over the last year. Staying fit and healthy is very important at St. Monica's.

Royal Festival Hall

The concert at the Royal Festival on Monday evening has been cancelled. Once we have been informed about the ticket refund procedure we will advise parents.

PRAYER

For flowers that bloom about our feet; For tender grass, so fresh, so sweet; For song of bird, and hum of bee, For all things fair we hear or see, Father in heaven, we thank Thee! For blue of stream and blue of sky; For pleasant shade of branches high, For fragrant air and cooling breeze, For beauty of the blooming trees, Father in heaven, we thank Thee!

Have a lovely weekend!